



## GET INVOLVED - FIGHT CANCER IN NIAGARA!

The **Rankin Cancer Run for Niagara** will be held on **Sat., May 26, 2018**, at the Grantham Lions Park in St. Catharines. The Rankin Cancer Run is clearly focused on funding immediate cancer care and all proceeds remain in Niagara.

The event will include free food before the race, and a barbeque following the 1K / 5K walk/run. Grapeview will be participating as a school team once again this year. Each registrant will receive a Grapeview Gryphons T-shirt as long as they register by **Sunday April 29th, 2018**.

Please complete the online registration following the instructions below. The cost of registration for each student is \$10.00 (adults \$20.00) and this includes the T-shirt, BBQ, a draw ticket and a few other goodies. Pledges are encouraged on top of this registration amount. Together we can make a difference.

### Run Day Activities

**8:00 a.m.:** Registration Begins

**9:30 a.m.:** Mini-sprint for children 5 and under - meet in front of stage area

**9:45 a.m.:** Warm-up

**9:50 a.m.:** National anthem, blessing and inspirational words from a cancer survivor

**10:00 a.m.:** START

**11:45 a.m.:** Closing Ceremony, entertainment and FREE barbecue

### You have been invited to join the team "Grapeview Gryphons".

\*\*\*\*This year you can **register and ask for donations** for the "Grapeview Gryphons" Team online.\*\*\*\*

If you registered online last year save time by logging in with that email address/User ID and password!

The system will welcome you back and take you through the steps of reactivating your account for this year's run. Your registration data from last year will automatically be retrieved and you can either accept it as is or modify it with any necessary changes. Just make sure that you use the Email Address/User ID and password you used last year!

If you did not register last year as a "Grapeview Gryphons" –

Go to → <https://secure.rankincancerrun.com/register-participant/find-team>

(copy and paste the above link to your browser)

→ In the "**team**" box, type in "Grapeview Gryphons" and then click "submit".

→ Add your name as part of the "Grapeview Gryphons" team.

For online registrations you no longer need to use an email address as your User ID (although you can if you wish)! For those who don't have email addresses, such as young children, we recommend that you simply use the participant's first and last name as the User ID (this should avoid the possibility of a duplicate ID already existing in the system). Please note that if you use "John Smith" to register that isn't the same as "JohnSmith" when you go to log back in (because of the missing space character).

\*\*\*\*All individuals donating via this link will **RECEIVE AN INSTANT TAX RECEIPT** via email.\*\*\*\*

**\*\*If you miss online registration\*\* Pre-registration** - held on Thursday May 24, 2018 from 2:30 - 9 p.m. in the gym at Laura Secord Secondary. **\*\*On Run day** - Registration begins @ 8 a.m. at Port Weller Elementary School. Come early... traffic is heavy!